



Links (9/26/24)

Repertory of Mental Qualities (Sherr)

Thematic Repertory (Norland)

Botanical Repertory (Yakir)

Machal Yakir website

Marci Mearns website

RadarOpus North America website

Register for next session



Focus on “Theme” Repertories

September 26, 2024

With Marci Mearns



1

- What is a Theme Repertory?
- When and why choose a Theme Repertory?
- Introducing 3 examples: Sherr, Norland, & Yakir.
- Case example

2

What is a Theme Repertory?

3



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Theme Repertory - Revolutionary(29)

A repertory whose rubrics (symptoms) are based on Themes. Usually larger rubrics, they often pertain to the mental & emotional sphere.

- Absorbed - Introspective (231)
 - absorbed(130)
 - brooding(70)
 - introspection(130)
 - meditating(52)
 - inclination to sit & meditate(12)
- Affectionate - Sympathetic (126)
 - affectionate(126)
 - careless, full of - others, about(32)
 - generous; free(17)
 - sympathetic(112)
- Ambitious - Competitive (114)
 - achieve things, desire to(5)
 - ambition - increased(38)
 - competitive(52)
 - determination(36)
 - decisive(11)
 - will - strong will power(27)
- Amorous - Lascivious - Libertine(216)
 - amorousness(26)
 - amorous(94)
 - dress - indecently, dresses(14)
 - lascivious(126)
 - lewdness(52)
 - libertinism(14)
 - kissing - everyone(17)
 - nymphomania(9)
- Revolutionary(29)
 - revolutionaries(1)
 - anarchist - revolutionary(2)
 - anarchist(10)
 - rebellious(15)
 - anticipations(57)
 - anticipations - from(85)
 - anxiety - anticipations, from(85)
 - excitement - anticipating events, when(13)
- Detached - Disconnected - Separated(134)
 - detached - disconnected, from(13)
 - detached feeling(14)
 - detached - disconnected, from(10)
 - detachment from - business failure(20)
 - anger - business; about(3)
 - anxiety - business; about(38)
 - anxiety - money matters, about(26)
 - avarice(47)
 - business - desire for(11)
 - careless, full of - business, about his(12)
 - delusions - poor; he has(14)
 - delusions - rational - he rational; he(5)
 - delusions - want - he will come to(5)
 - fear - business failure; of(22)

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Repertory of Mental Qualities / "Q" Rep

Jeremy Sherr

Thematic Repertory - Mani Norland

Botanical Repertory - Michal Yakir

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Theme examples - Sherr

Mental Qualities

- Drug states(352)
- Drug states primary remedies
- Duty Responsibility(239)
- Duty Responsibility primary(2)
- Dyslexia Dyspraxia(267)
- Dyslexia Dyspraxia primary(3)
- Embarrassment(163)
- Embarrassment primary remedies
- Failure(210)
- Failure primary remedies(34)
- Fear disease(328)

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Theme examples - Norland

THEMES

- Courageous - Audacious (115)
- Curious - Inquisitive(80)
- Dancing(179)
- Danger (184)
- Destructive(117)
- Detached - Disconnected - Separated
- Disgust(166)
- Disorientation(159)
- Dominated - Abused (105)
- Domineering (80)
- Dreamy - Spaced-Out (197)
- Duality - Conflicted - Split (138)

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Theme examples - Yakir



Themes
AIDS(7)
Abandoned, forsaken(44)
Abuse, physical(12)
Abuse, sexual(20)
Abusive(18)
Addiction (see Alcoholism)
Adolescence(13)
Aesthetic(8)
Alcoholism(18)
Allergy (or Allergic diathesis)(
Alzheimer's(11)

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Where do these rubrics come from?

- Combining existing rubrics.
- Research: older materia medica, clinical confirmation, provings old and new.
- Representative of a system that may exist within - or even outside of - homeopathy.
- All of the above!

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When and why choose a Theme Repertory?

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SAMUEL HAHNEMANN

§ 211 – ... the choice of the homeopathic medicine is often determined by the state of mind of the patient which is a very characteristic symptom.

§ 213 – Thus if we do not see among the other symptoms in each disease, even the grave ones, the symptoms related to changes in mental and moral conditions we will never be able to heal according to nature, that is, homeopathically.

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'Mind' symptoms are subjective by their very nature, and it can be difficult to locate our patients within the confines of the available symptoms.

Themes help us model the characteristics of our patients, especially in the mental & emotional realm.

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Jeremy Sherr
Definition of the right rubric

'The rubric that has the right remedy in it'

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For example.....

Patient who cares too much about others, worries about them, and is burnt out from looking after them

15



Which of these????

- *Cares, full of, others about*
- *Sympathetic*
- *Anxiety others, for*
- *Anxiety - caretaking of others, from*
- *Weakness - nursing and staying up with sick person*

16



JEREMY SHERR



• Right rubrics + Rubric with right remedy=

Right result

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JEREMY SHERR



Rubrics you need every day!

- Perfectionist
- Control
- Divided-double
- Guilt
- Obsessive compulsive
- Failure
- Ambition
- Embarrassment
- Opinion of others
- Knives and points
- Home
- Water
- Type-A
- Money
- Animals
- Low self esteem
- Victim
- Carers and Helpers
- Snakes
- Female hormones
- Clairvoyance
- High and low
- Dark
- Light
- Drugs
- Music

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JEREMY SHERR

2 Approaches

Bonninghausen

Large Generalised Rubrics



Kent

Less Generalisation



More well defined symptoms and modalities

23



JEREMY SHERR

2 Approaches

Bonninghausen

Large Generalised Rubrics



Large, generalized rubrics

Mind rubrics less developed

24

JEREMY SHERR

Bonninghausen Method



Use **large** general rubrics, where you are **sure** the remedy is in the rubric

Only then go to more characteristics, keynotes and particulars

25

JEREMY SHERR

2 Approaches

Less generalization

“Developed” Mind chapter

Well-defined symptoms and modalities (SRP)

Kent



More well defined symptoms and modalities

Less Generalisation

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JEREMY SHERR

Introduce the Bonninghausen Approach to the Mind section




Large general rubrics → MIND SECTION

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JEREMY SHERR

Start with the LARGE and RELIABLE rubrics. Repertorize to the MAIN GROUP of remedies.

Use smaller rubrics and modalities to narrow your choice from within the main group.




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JEREMY SHERR

2 Approaches

Bonninghausen



Large Generalised Rubrics

&

Kent



Less Generalisation
More well defined symptoms and modalities

29



MANI NORLAND

Introducing
Thematic Repertory
By Mani Norland



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MANI NORLAND



Large, combined rubrics, primarily from the 'Mind' chapter

'Families' are also included

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THEMES - Compulsive



- Compulsive:**(232)
 - checking - twice or more; must check:(19)
 - conscientious about trifles:(129)
 - disorder, sensitive to:(9)
 - fastidious:(91)
 - forgotten - something; feels constantly as if he had forgotten:(16)
 - monomania:(49)
 - order - desire for:(16)
 - rest - cannot rest when things are not in the proper place:(21)
 - thoughts - compelling:(53)
 - trifles - important; seem:(36)
- Connected - Content - Unified :**(283)
 - blissful feeling:(29)
 - brotherhood; sensation of:(12)
 - confusion of identity, as to his - boundaries; and personal:(11)
 - connection; sense of:(21)
 - content:(102)
 - dissolving, she is:(7)
 - depersonalization:(20)
 - ease, feeling of:(18)
 - fraternized with the whole world:(2)
 - merging of self with one's environment:(12)
 - peace - heavenly peace; sensation of:(20)
 - tranquility:(233)
 - unification:(33)

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THEMES - Compulsive

Compulsive: (232) ARS, ALOE HYOS. IGN. KALI-~~S~~ KALI-S. LYC. MED. NAT-C. NAT-SIL. SEP. SIL. STAPH. SULPH. THUJ. Absin. Anac. Aur-m-n. Aur-s. Bar-c. Cincor[®] Carc. Caust. Dig. Drug[®] Graph. Hep. Insecta[®] Jod. Kali-ar. Kali-c. Lach. M-arct. Metala[®] Milks[®] Mur-ac. Nat-m. Nat-s. Nicc. Noble-gases[®] Nux-v. Plat. Ransuncu[®] Rat. Series-2[®] Series-4[®] Spong. Stram. Syph. Tritic-vp.

- **checking - twice or more; must check:** (19) Series-2[®]
- **conscientious about trifles:** (129) **ARS, IGN. KALI-~~S~~ KALI-S. LYC. NAT-C. PULS. SEP. SIL. STAPH. SULPH. THUJ.** Bar-c. Cancer[®] Dig. M-arct. Mur-ac. Nicc. Noble-gases[®] Nux-v. Ransuncu[®] Series-4[®] Spong. Stram. Tritic-vp.
- **disorder, sensitive to:** (9)
- **fastidious:** (91) **ALOE ARS. KALI-S. NAT-SIL.** Anac. Aur-m-n. Aur-s. Cancer[®] Carc. Caust. Graph. Insecta[®] Kali-ar. Kali-c. Metala[®] Nat-m. Nicc. Noble-gases[®] Nux-v. Series-4[®]
- **forgotten - something; feels constantly as if he had forgotten:** (16) Caust. Jod.
- **monomania:** (49) **ALOE** Absin. Drug[®] Ign. Sil.
- **order - desire for:** (16) **KALI-S.** Tritic-vp.
- **rest - cannot rest when things are not in the proper place:** (21) Ars. Kali-~~S~~ Kali-s. Noble-gases[®]
- **thoughts - compelling:** (53) **HYOS. MED.** Anac. Ars. Caust. Ign. Jod. Lach. Nat-s. Nux-v. Plat. Rat. Series-2[®] Staph. Syph.
- **trifles - important; seem:** (36) **KALI-S. NAT-SIL.** Graph. Hep. Milks[®]

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New & Updated Families

Search for a substance

Reported by

- NORLAND L., Thematic Repertory
- TAYLOR W., NORLAND L., Kingdoms of

Families of remedies

New and Updated Families

Animal Sarcodes:(35)
 Anti-miasmatic remedies (Pitcairn R.):(67)
 Artificial human artifacts:(6)
 Birds (Aves):(56)
 Butterflies (Lepidoptera):(22)
 Drugs:(125)
 Families:(620)
 Fish (Pisces):(34)
 Gemstones:(173)
 Hormones:(24)

Engendered:(27)
 Insects (Insecta):(51)
 Mammalia:(90)
 Mineralia:(12)

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MICHAL YAKIR

Introducing
 Botanical Repertory
 By Michal Yakir



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MICHAL YAKIR

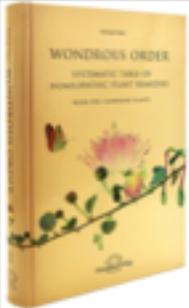
www.michal-yakir.de



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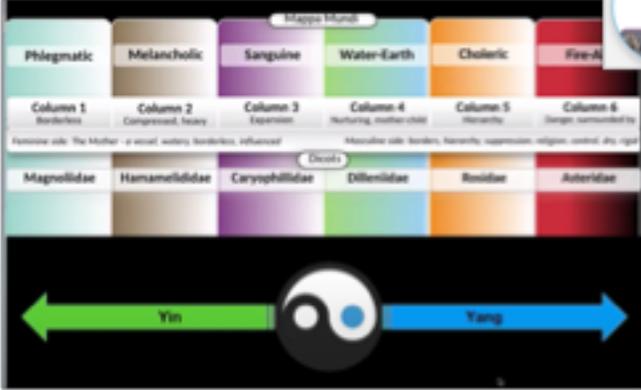
MICHAL YAKIR

"The evolutionary stages of plant development correlate with the stages of human development and relate to the challenges and obstacles during the developmental journey of human consciousness from birth to old age, from a more primary stage of union and unity to an advanced stage of individuality."



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MICHAL YAKIR



Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Phlegmatic	Melancholic	Sanguine	Water-Earth	Choleric	Fire-Air
Column 1 Birthless	Column 2 Compressed, heavy	Column 3 Expansion	Column 4 Nurturing mother-child	Column 5 Morality	Column 6 Stage surrounded by
Feminine side: The Mother - a social, sensory, tender, influenced		Masculine side: Son, femininity, aggression, rigidity, control, the right			
Magnoliidae	Hamamelididae	Caryophyllidae	Dilleniidae	Rosales	Asteridae

← Yin ———— ☯ ———— Yang →

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MICHAL YAKIR



Table of Plants

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MICHAL YAKIR

Flowering land plants (Angiospermae) - Rows (Dicots) - ROW 1 + Before birth + The unconscious + Birth, before life: ♫ (219)

- ROW 1 + Before birth + The unconscious + Birth, before life: ♫ (219)
- Magnoliaceae: ♫ (6)
- Nymphaeaceae: ♫ (6)
- Urticales: ♫ (20)
- Dilleniaceae: ♫ (1)
- Theaceae: ♫ (5)
- Rosales: ♫ (89)
- Myrtales: ♫ (32)
- Solanales: ♫ (60)
- ROW 2 + Beginning of life + Oval stage + Basic security & trust + Mother time: ♫ (148)
- Illiciaceae: ♫ (1)
- Piperaceae: ♫ (6)
- Urticales: ♫ (20)
- Sarraceniales: ♫ (5)
- Ebenales: ♫ (3)
- Fabales: ♫ (64)
- Solanales: ♫
- Convolvulaceae: (15)
- Gentianales: ♫ (32)

Symptom note (Synthesis): ♫ 1st row: Before birth, The unconscious, Birth, before life, Unprepared, Promoted, unwillingness to be born, Uterus, pregnancy & birth issues, Early birth, Death, Connected to the mother world, Difficulties confronting self, inner world, materialistic world, Non-discrimination, The sub-consciousness, Myths, The shaman

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Themes - Abandoned, forsaken

Themes

- Abandoned, forsaken:(44)
- Abuse, physical:(12)
- Abuse, sexual:(20)
- Abusive:(18)
- Addiction (see Alcoholism)
- Adolescence:(13)
- Aesthetic:(8)
- AIDS:(7)
- Alcoholism:(18)
- Allergy (or Allergic diathesis):(1)
- Alzheimer's:(11)
- Ambition:(13)
- Animals, issues with (love, fear, surrounded by animal energy):(15)
- Animals, snakes, issues with (fear, surrounded by energy of snake people):(22)
- Anorexia / eating disorders:(23)
- Antileptic quality:(21)
- Apathy:(13)
- Attention, need of:(18)
- Attention deficit disorder (ADD):(40)
- Autism:(12)
- Authority, cannot suspect:(8)
- Bulimia:(14)
- Cancer (see Tumours)
- Chemotherapy or radiation, issues with:(3)
- Childish:(3)
- Chronic fatigue syndrome (CFS):(1)
- Compulsive (see also Obsessive [OCD]):(27)
- Communication problems:(2)
- Congestion:(11)
- Constriction:(2)
- Contain, cannot (no vessel):(12)
- Containing, enclosing (being a vessel):(8)
- Controlled/controlling:(32)
- Creativity:(21)
- Crohn's disease:(6)
- Death issues:(11)
- Desire, sexual, weak or absent (in women, but also in men):(12)
- Desire, sexual, strong (in women, but also in men):(8)
- Desires, twisted, perversity; see Love (desire), twisted, perversity
- Despair:(29)
- Diabetes:(10)
- Dictatorial:(37)
- Digestion problems:(7)

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CASE

Woman born 1973
CC: Fibromyalgia

Over 5 years great improvement with remedies like: Thuja, Stramonium, Ignatia

After 5 years, a new remedy:

- *Sunshine is important to me.*
- *I set high standards*
- *I struggle with emotional highs and lows. I get upset when I go down where I feel like I can't stop myself from crying.*
- *I have high expectations.*

Light
Light & Dark

High & Low

42

42

Old age

- *I think a lot about getting old these days. Who is going to take care of you? They abandon people.. how do you get along?*
- *I have some obsessive compulsive tendencies. I have to walk into a room and I have to do certain things before I leave that room.*

OCD

43

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- *I have a high tolerance for pain. I'm used to dealing with some kind of pain*
- *I have always carried a guilt over staying at home with my kids*
- *I get very embarrassed about feeling sick... it reminds me of when I started dealing with the fibromyalgia*

Drug like

Guilt

Embarrassed

44

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RadarOpus

	1	2	3	4	5	6	7	8	9	10	11	12
2. Clipboard 2												
> 1. Mental Qualities - Obsessive-Compulsive Disorder (OC... (223) i	2	3	2	2	2	2	2	2	2	2	2	2
3. Clipboard 3												
> 1. Mental Qualities - Female hormones (481) i	2	3	3	2	2	2	2	2	2	2	2	2
> 2. Mental Qualities - Drug states (352) i	2	2	2	2	2	2	2	2	2	2	2	2
> 3. Mental Qualities - Fear disease (328) i	2	2	2	2	2	2	2	2	2	2	2	2
> 4. Mental Qualities - High and Low (363) i	2	2	2	2	2	2	2	2	2	2	2	2
> 5. Mental Qualities - Light (432) i	2	2	2	2	2	2	2	2	2	2	2	2
> 6. Mental Qualities - Light & Dark (192) i	2	2	2	2	2	2	2	2	2	2	2	2
4. Clipboard 4												
> 1. Themes - Guilt (38) i	2	2	2	2	2	2	2	2	2	2	2	2
q > 2. Themes - Controlled/controlling (32) i	2	2	2	2	2	2	2	2	2	2	2	2
q > 3. Themes - Obsessive, OCD (see also Compulsive) (34) i	2	2	2	2	2	2	2	2	2	2	2	2
> 4. Themes - Old (feeling or appearing) (31) i	2	2	2	2	2	2	2	2	2	2	2	2
5. Clipboard 5												
> 1. FEMALE GENITALIA/SEX - MENSES - copious (411) i	2	2	2	2	2	2	2	2	2	2	2	2
> 2. FEMALE GENITALIA/SEX - MENSES - copious - night (23) i	2	2	2	2	2	2	2	2	2	2	2	2

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Next Session: October 24, 2024
Topic: Herbs & Drainage

- Earthwise Herbal Repertory and Materia Medica by Matthew Wood
- Repertory of Homeopathy and Homotoxicology by Ivo Bianchi
- Organotherapy, Organ Remedies Burnett by Edward Stoteler